

# CENTRE LAUNCHES 24X7 TELE-MENTAL HEALTH SERVICE

Relevant for: Developmental Issues | Topic: Health & Sanitation and related issues

Jammu and Kashmir, Ladakh, Gujarat and Tamil Nadu are among the 20 States and Union Territories brought under the tele-mental health programme launched on the occasion of World Mental Health Day on Monday. Tele-mental health assistance and networking across State (Tele-MANAS), an initiative of the Health Ministry, was virtually launched by Karnataka Governor Thawar Chand Gehlot. The Central government aims to open at least one Tele-MANAS cell in each State/U.T. A toll-free, 24/7 helpline number (14416) has been set up, allowing callers to select the language of their choice for availing the services.

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