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## 'HIGH OUT-OF-POCKET EXPENSES FOR HEALTH CAN LEAD TO POVERTY'

Relevant for: Developmental Issues | Topic: Health & Sanitation and related issues

India has one-of-the highest level of Out-Of-Pocket Expenditures (OOPE) contributing directly to the high incidence of catastrophic expenditures and poverty, notes the Economic Survey.

It suggested an increase in public spending from 1% to 2.5-3% of GDP — as envisaged in the National Health Policy 2017 — can decrease the OOPE from 65% to 30% of overall healthcare spend.

The Survey states about 65% of deaths in India are now caused by non-communicable diseases (NCDs) with ischemic heart diseases, chronic obstructive pulmonary disease (COPD) and stroke being the leading causes.

The Survey observes that the health of a nation depends critically on its citizens having access to an equitable, affordable and accountable healthcare system. The OOPE, as a share of total health expenditure, drops precipitously when public health expenditure increases.

The Survey also underlines that OOPE for health increases the risk of vulnerable groups slipping into poverty because of catastrophic health expenditures. The life expectancy in a country correlates positively with per capita public health expenditure, it notes.

## **Private healthcare**

The Economic Survey observed that bulk of the healthcare in India is provided by the private sector. "Private hospitals charge much higher than government hospitals for treatment of same ailment and higher charges do not assure better quality,," it said.

The Survey added that for enabling India to respond to pandemics, the health infrastructure must incorporate flexibility as events requiring healthcare attention may not repeat in identical fashion in future.

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