

MONITORING MECHANISM UNDER POSHAN ABHIYAAN

Relevant for: Developmental Issues | Topic: Rights & Welfare of Children - Schemes & their Performance, Mechanisms, Laws Institutions and Bodies

Supplementary Nutrition under Anganwadi Services, primarily designed to bridge the gap between the Recommended Dietary Allowance (RDA) and the Average Daily Intake (ADI), is provided to the beneficiaries of Anganwadi Services through a network of Anganwadi Centres located across the country as per the following norms for 300 days in a year:

S. No.

Categories

Types of food

1.

Children

(0-6 months)

Exclusive Breast feeding for first 6 months of life.

2.

Children

(6-36 months)

Take Home Ration in the form that is palatable to the child. It could be given in the form of micro-nutrient fortified food and/or energy dense food.

3.

Severely mal-nourished children

(6-36 months)

Same type of food as above with food supplement of 800 calories of energy and 20-25 gms. of Protein.

4.

Children

(3-6 years)

Morning snack in the form of milk/banana/seasonal fruits etc. and Hot cooked Meal.

5.

Severely mal-nourished children

(3-6 years)

Additional 300 calories of energy and 8-10 gms. of Protein in the form of micro-nutrient fortified food and/or energy dense food.

6.

Pregnant women & Nursing mothers

Take Home Ration in the form of micro-nutrient fortified food and/or energy dense food.

The scheme is universal, self-selecting and open to all the eligible beneficiaries without any pre-condition.

Government has issued Streamlined Guidelines dated 13.1.2021 under which district officials in the State are mandated to conduct periodic monitoring including surprise spot-checks, draw samples for quality testing of supplementary nutrition (THR and HCM), ensure that adequate measures for food safety and hygiene are followed throughout the supply chain etc., and undertake necessary course correction.

This information was given by the Union Minister for Women and Child Development, Smt. Smriti Zubin Irani, in a written reply in Rajya Sabha today.

BY/AS

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